

ICE BREAKER 5K
TO BENEFIT THE ALBANY ROWING CLUB

CORNING PRESERVE ALBANY NY
SATURDAY MARCH 26, 2022

RESULTS BY FINISH RIGHT TIMING
518-312-0886 WWW.FINISHRIGHT.COM

PLACE	NAME	AGE	TIME	PACE	PLACES IN			CITY	ST
					AGEGROUP	& SEX			
1	Graham Richard	17	16:16	5:15	1 M1519	M#	1	Albany	NY
2	Thomas Breimer	18	16:53	5:26	2 M1519	M#	2	Rensselaer	NY
3	Roman Silen	21	16:58	5:28	1 M2029	M#	3	Malvern	PA
4	Andrew Bank	18	17:05	5:30	3 M1519	M#	4	Ellicott City	MD
5	Jamal Vazquez	24	17:11	5:32	2 M2029	M#	5	Johnstown	NY
6	Jonathan Hentrich	41	18:18	5:54	1 M4049	M#	6	Albany	NY
7	Aryan Bhujbal	18	18:23	5:55	4 M1519	M#	7	Princeton Junction	NJ
8	Christine Myers	24	18:24	5:56	1 F2029	F#	1	Altamont	NY
9	Roland Richard	13	18:25	5:56	1 M0114	M#	8	Albany	NY
10	Peter Maroko	18	19:01	6:08	5 M1519	M#	9	Nyack	NY
11	Daniel Nunez	29	19:10	6:10	3 M2029	M#	10	Deer Park	NY
12	Andrew Lawler	14	19:16	6:12	2 M0114	M#	11	Latham	NY
13	Jackson Doolittle	15	19:22	6:14	6 M1519	M#	12	Averill Park	NY
14	Jacob Koplik	20	19:43	6:21	4 M2029	M#	13	Delmar	NY
15	Alex Hitrick	24	19:50	6:23	5 M2029	M#	14	Schenectady	NY
16	Isaiah Lewit	13	19:53	6:24	3 M0114	M#	15	Manchester	VT
17	Michelle Davis	33	19:55	6:25	1 F3039	F#	2	Schenectady	NY
18	Brian Hotopp	22	19:56	6:25	6 M2029	M#	16	Voorheesville	NY
19	Chris Lewit	43	20:09	6:29	2 M4049	M#	17	Manchester	VT
20	Steven Lindsay	23	20:13	6:31	7 M2029	M#	18	Schenectady	NY
21	Robert Delacruz	14	20:21	6:33	4 M0114	M#	19	Albany	NY
22	Scott Nwosu	19	20:29	6:36	7 M1519	M#	20	Rahway	NJ
23	Jacob Weissenburg	21	20:40	6:39	8 M2029	M#	21	Albany	NY
24	Joseph Altobello	44	20:41	6:40	3 M4049	M#	22	Troy	NY
25	Travis Carr	29	20:44	6:41	9 M2029	M#	23	Schenectady	NY
26	Stephen Hallgren	42	20:46	6:41	4 M4049	M#	24	Albany	NY
27	Alyssa Bove	23	20:48	6:42	2 F2029	F#	3	Schenectady	NY
28	Nicholas Buttino	34	20:59	6:46	1 M3039	M#	25	Delmar	NY
29	Andrew Burkhardt	26	21:15	6:51	10 M2029	M#	26	Albany	NY
30	David Dearing	60	21:17	6:51	1 M6069	M#	27	Clarkston	MI
31	Kyle Gable	19	21:57	7:04	8 M1519	M#	28	Meredith	NH
32	Kathryn Francis	27	22:04	7:07	3 F2029	F#	4	Albany	NY
33	Gabrielle Wilson	19	22:05	7:07	1 F1519	F#	5	Seven Valleys	PA
34	Warren Pearsons	28	22:23	7:13	11 M2029	M#	29	Brooklyn	NY
35	Kristopher Andre	45	22:35	7:17	5 M4049	M#	30	Ballston Lake	NY
36	Jonah Hauf	20	22:43	7:19	12 M2029	M#	31	Seneca Falls	NY
37	G. Dennis Beardsley	50	22:46	7:20	1 M5059	M#	32	Castleton	NY
38	Anna McLoon	39	23:14	7:29	2 F3039	F#	6	Albany	NY
39	Travis West	30	23:16	7:30	2 M3039	M#	33	Ballston Lake	NY
40	Amanda Teora	32	23:17	7:30	3 F3039	F#	7	Albany	NY
41	Amy Smyth	45	23:18	7:30	1 F4049	F#	8	Melrose	NY
42	Gregory Courtney	14	23:27	7:33	5 M0114	M#	34	Delmar	NY
43	Jenny Fouche	38	23:30	7:34	4 F3039	F#	9	Altamont	NY
44	Dawn Smith	46	23:40	7:37	2 F4049	F#	10	Rexford	NY
45	Sara Myers	26	23:45	7:39	4 F2029	F#	11	Bennington	VT
46	Zoe Barclay	20	23:45	7:39	5 F2029	F#	12	Groton	NY
47	Peter Loslein	45	23:47	7:40	6 M4049	M#	35	Rensselaer	NY
48	Kevin Burnett	51	23:48	7:40	2 M5059	M#	36	Athens	PA
49	Alison Sawyer	19	23:56	7:43	2 F1519	F#	13	Sterling	NY
50	Jason Kelley	42	24:19	7:50	7 M4049	M#	37	Latham	NY
51	Vanessa Beck	41	24:24	7:51	3 F4049	F#	14	Clifton Park	NY

52	Jamie Dicesare	36	24:24	7:52	5	F3039	F#	15	Troy	NY
53	Todd Bisailon	54	24:28	7:53	3	M5059	M#	38	Mechanicville	NY
54	Rachel Toolan	46	24:29	7:53	4	F4049	F#	16	Rensselaer	NY
55	Brandon Murray	28	24:34	7:55	13	M2029	M#	39	Troy	NY
56	Carmela Giordano	46	24:36	7:55	5	F4049	F#	17	Hoosick Falls	NY
57	Matt Turner	57	24:43	7:58	4	M5059	M#	40	Troy	NY
58	Leeanne Horton	32	24:46	7:59	6	F3039	F#	18	Saratoga Springs	NY
59	Kirby Haizlip	39	24:47	7:59	3	M3039	M#	41	Albany	NY
60	Jaime Sheehy	46	24:49	8:00	6	F4049	F#	19	Schodack Landing	NY
61	Michael Reilly	19	24:52	8:00	9	M1519	M#	42	Wappingers Falls	NY
62	Sierra Liotta	21	24:54	8:01	6	F2029	F#	20	Schenectady	NY
63	Laura Kelly	49	25:01	8:03	7	F4049	F#	21	Albany	NY
64	Deb Valois	51	25:03	8:04	1	F5059	F#	22	Schenectady	NY
65	Elissa Smith	43	25:17	8:08	8	F4049	F#	23	Albany	NY
66	Justin Abbott	38	25:28	8:12	4	M3039	M#	43	Troy	NY
67	Charles Pensabene	31	25:29	8:13	5	M3039	M#	44	East Greenbush	NY
68	Mark Gonnely	55	25:32	8:13	5	M5059	M#	45	Ballston Spa	NY
69	Kharmin Hemraj	22	25:35	8:14	7	F2029	F#	24	Schenectady	NY
70	Emily Coppenrath	38	25:35	8:14	7	F3039	F#	25	Rensselaer	NY
71	Matthew Moulton	34	26:12	8:26	6	M3039	M#	46	Albany	NY
72	Maureen Fitzgerald	64	26:14	8:27	1	F6069	F#	26	Clifton Park	NY
73	Allison Nunez	31	26:55	8:40	8	F3039	F#	27	Glenmont	NY
74	Riya Joshi	21	26:56	8:40	8	F2029	F#	28	Troy	NY
75	Dan Bonomo	65	27:05	8:43	2	M6069	M#	47	Cohoes	NY
76	Elizabeth Gadowski	34	27:06	8:44	9	F3039	F#	29	Latham	NY
77	Emily Lohse	28	27:06	8:44	9	F2029	F#	30	Huntington	NY
78	Peter Teal	42	27:13	8:46	8	M4049	M#	48	Schenectady	NY
79	Isaac Gile	21	27:22	8:49	14	M2029	M#	49	Hoosick Falls	NY
80	Steven Corley	49	27:26	8:50	9	M4049	M#	50	Mechanicville	NY
81	Emily Durstewitz	32	27:32	8:52	10	F3039	F#	31	Albany	NY
82	John Sheehy	64	27:38	8:54	3	M6069	M#	51	Albany	NY
83	Shawn Krutz	57	27:42	8:55	6	M5059	M#	52	Gloversville	NY
84	Christopher Moran	40	27:49	8:58	10	M4049	M#	53	Menands	NY
85	Courtnee Denton	23	27:54	8:59	10	F2029	F#	32	Albany	NY
86	Katherine Better	33	27:55	8:59	11	F3039	F#	33	Troy	NY
87	Ingrid Wilke	58	28:13	9:05	2	F5059	F#	34	Cohoes	NY
88	Chris Beck	48	28:13	9:05	11	M4049	M#	54	Clifton Park	NY
89	Marcy Dikeman	54	28:16	9:06	3	F5059	F#	35	Wynantskill	NY
90	Karen Lesperance	47	28:18	9:07	9	F4049	F#	36	Delmar	NY
91	Andrew Lee	35	28:55	9:19	7	M3039	M#	55	Guilderland	NY
92	Jonathan Laplante	31	29:07	9:23	8	M3039	M#	56	Pittsfield	MA
93	Steve Vnuk	66	29:14	9:25	4	M6069	M#	57	Delmar	NY
94	Matt Smith	46	29:16	9:26	12	M4049	M#	58	Rexford	NY
95	Brian Toy	25	29:19	9:26	15	M2029	M#	59	Albany	NY
96	Walton Minkler	37	29:21	9:27	9	M3039	M#	60	East Greenbush	NY
97	Frank Rees	63	29:25	9:28	5	M6069	M#	61	Albany	NY
98	Cameron McPherson	28	29:38	9:33	16	M2029	M#	62	Albany	NY
99	Matthew Mason	35	29:56	9:38	10	M3039	M#	63	Albany	NY
100	Michelle Breton	25	30:03	9:41	11	F2029	F#	37	Schenectady	NY
101	Kaitlin Buttino	35	30:04	9:41	12	F3039	F#	38	Delmar	NY
102	William Seredensky	29	30:15	9:44	17	M2029	M#	64	Rensselaer	NY
103	Jeff Anderson	73	30:31	9:50	1	M7099	M#	65	Troy	NY
104	Todd Gile	57	30:33	9:50	7	M5059	M#	66	Hoosick Falls	NY
105	Kim Bonomo	64	30:50	9:56	2	F6069	F#	39	Cohoes	NY
106	Sue Cleary	58	30:50	9:56	4	F5059	F#	40	Albany	NY
107	Justin Smith	43	30:59	9:59	13	M4049	M#	67	Menands	NY
108	Nikki Sementa	48	31:03	10:00	10	F4049	F#	41	Albany	NY
109	Karen Cutler	40	31:09	10:02	11	F4049	F#	42	Castleton On Hudson	NY
110	Lisa Graves	53	31:11	10:03	5	F5059	F#	43	Delmar	NY
111	Joshua Kapczynski	39	31:20	10:05	11	M3039	M#	68	Slingerlands	NY
112	Christopher Johnson	64	31:26	10:07	6	M6069	M#	69	Pittsfield	MA
113	John Bachandouris	54	31:26	10:07	8	M5059	M#	70	Rensselaer	NY
114	Scott Bowmanchester	54	31:33	10:10	9	M5059	M#	71	Albany	NY
115	Mickey Cleary	60	31:48	10:14	7	M6069	M#	72	Albany	NY
116	Julio Feliciano	61	32:12	10:22	8	M6069	M#	73	Albany	NY

117	Kevin Hoehn	68	32:14	10:23	9	M6069	M#	74	Rome	NY
118	Nathan Courtney	56	32:19	10:25	10	M5059	M#	75	Delmar	NY
119	Steve Nagle	60	32:40	10:31	10	M6069	M#	76	Schenectady	NY
120	Eileen Reiss	59	32:40	10:31	6	F5059	F#	44	Schenectady	NY
121	Christine Bordonaro	55	32:52	10:35	7	F5059	F#	45	Albany	NY
122	Stephanie Brown	69	32:54	10:36	3	F6069	F#	46	Albany	NY
123	Julie Belfiore	53	32:55	10:36	8	F5059	F#	47	Geneseo	NY
124	Daniel Fausak	22	33:06	10:39	18	M2029	M#	77	Albany	NY
125	Timothy Daley	35	33:08	10:40	12	M3039	M#	78	Wynantskill	NY
126	Steven Charles	37	33:14	10:42	13	M3039	M#	79	Albany	NY
127	Thomas Gabriels	66	33:41	10:51	11	M6069	M#	80	Albany	NY
128	Courtney Moore	33	33:57	10:56	13	F3039	F#	48	Cohoes	NY
129	Diane Watters	56	34:05	10:58	9	F5059	F#	49	Greenwich	NY
130	Alfred Godinez	51	34:07	10:59	11	M5059	M#	81	Albany	NY
131	Jim Sheehan	69	34:12	11:01	12	M6069	M#	82	Cohoes	NY
132	Melissa Flaherty	50	34:15	11:02	10	F5059	F#	50	Cropseyville	NY
133	Elizabeth Meddaugh	44	34:37	11:09	12	F4049	F#	51	Albany	NY
134	Ann Gargula	55	34:46	11:12	11	F5059	F#	52	New Britain	CT
135	Michael Gargula	55	34:46	11:12	12	M5059	M#	83	New Britain	CT
136	Matthew Ciske	44	34:57	11:15	14	M4049	M#	84	Albany	NY
137	Garrett McCann	61	35:08	11:19	13	M6069	M#	85	Glenmont	NY
138	Rebecca Philippone	56	35:26	11:25	12	F5059	F#	53	Albany	NY
139	Carly Minehan	34	35:34	11:27	14	F3039	F#	54	Glenmont	NY
140	Kathleen Mannix	58	36:09	11:38	13	F5059	F#	55	Delmar	NY
141	Tom Robinson	51	36:24	11:43	13	M5059	M#	86	Troy	NY
142	Lauren Bristol	42	36:29	11:45	13	F4049	F#	56	Delmar	NY
143	Kate Bryant	44	36:29	11:45	14	F4049	F#	57	Latham	NY
144	Kathryn Behuniak	57	37:01	11:55	14	F5059	F#	58	Latham	NY
145	Kristin Oneill	48	37:20	12:01	15	F4049	F#	59	Delmar	NY
146	Stephenie Weatherly	42	37:31	12:05	16	F4049	F#	60	Troy	NY
147	David Murillo	36	38:37	12:26	14	M3039	M#	87	Albany	NY
148	Mary Quinlan	47	38:37	12:26	17	F4049	F#	61	Selkirk	NY
149	Mark Bechard	69	38:45	12:29	14	M6069	M#	88	Albany	NY
150	Becky Mosher	57	38:46	12:29	15	F5059	F#	62	Troy	NY
151	Alexandra Luptak	36	38:57	12:33	15	F3039	F#	63	Mechanicville	NY
152	Casey Gunning	37	38:57	12:33	16	F3039	F#	64	Mechanicville	NY
153	Sheri Frueh	38	38:58	12:33	17	F3039	F#	65	Glenmont	NY
154	Lucille Burnett	20	39:44	12:48	12	F2029	F#	66	Lowman	NY
155	Amanda Serafini	50	40:02	12:53	16	F5059	F#	67	Nassau	NY
156	Jennifer Jaskolka	49	40:02	12:53	18	F4049	F#	68	Ravena	NY
157	Kathryn Henson	62	40:07	12:55	4	F6069	F#	69	East Greenbush	NY
158	Kevin Baker	53	40:21	13:00	14	M5059	M#	89	Glenmont	NY
159	Jennifer McAuley	56	40:38	13:05	17	F5059	F#	70	Troy	NY
160	Cathy Sheehan	62	40:46	13:07	5	F6069	F#	71	Cohoes	NY
161	John Vavasour	73	40:52	13:09	2	M7099	M#	90	Albany	NY
162	Ellen Lee	37	41:46	13:27	18	F3039	F#	72	Guilderland	NY
163	Gail Hein	70	42:59	13:50	1	F7099	F#	73	Altamont	NY
164	Ralph Murray Jr	58	45:50	14:45	15	M5059	M#	91	Latham	NY
165	Katie Bartoszek	31	47:02	15:09	19	F3039	F#	74	Delanson	NY
166	John Wall	63	47:02	15:09	15	M6069	M#	92	Holland Patent	NY
167	Mary Meliski	63	47:05	15:10	6	F6069	F#	75	Stillwater	NY
168	Jennifer Torgersen	45	49:30	15:56	19	F4049	F#	76	Albany	NY
169	Joseph Lavigne	39	51:49	16:41	15	M3039	M#	93	Cobleskill	NY
170	Kristin Lavigne	42	51:50	16:41	20	F4049	F#	77	Cobleskill	NY
171	Barbara Leiser	65	52:39	16:57	7	F6069	F#	78	Manchester Center	VT
172	Stephan Weiss	31	52:40	16:58	16	M3039	M#	94	Schenectady	NY
173	Rob Jeffrey	64	52:41	16:58	16	M6069	M#	95	Manchester Center	VT
174	Marsha Davis	50	58:07	18:43	18	F5059	F#	79	Schenectady	NY
175	Ian Duckor	60	58:46	18:55	17	M6069	M#	96	Albany	NY
176	Ginger Denning	51	58:48	18:56	19	F5059	F#	80	Troy	NY
177	Christy Douglas	43	59:12	19:04	21	F4049	F#	81	Albany	NY
178	Amanda Jackson	36	59:14	19:04	20	F3039	F#	82	Nassau	NY
179	Hannah Myers	23	1:07:04	21:36	13	F2029	F#	83	Troy	NY
180	Kim Myers	63	1:07:05	21:36	8	F6069	F#	84	Troy	NY
181	Ron Farrell	71	1:07:07	21:37	3	M7099	M#	97	Albany	NY

182	Jennifer Fetsko	42	1:07:08	21:37	22	F4049	F#	85	Latham	NY
183	Eric Guenther	42	1:07:08	21:37	15	M4049	M#	98	Newtonville	NY
184	Louise Farrell	72	1:07:12	21:38	2	F7099	F#	86	Albany	NY

***** AWARDS LIST *****

***** FEMALE OVERALL RESULTS *****

1	8	Christine Myers	24	Altamont	NY	18:24
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***** MALE OVERALL RESULTS *****

1	1	Graham Richard	17	Albany	NY	16:16
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FEMALE AGE GROUP: 1 - 14

MALE AGE GROUP: 1 - 14

1	9	Roland Richard	13	Albany	NY	18:25
2	12	Andrew Lawler	14	Latham	NY	19:16
3	16	Isaiah Lewit	13	Manchester	VT	19:53
4	21	Robert Delacruz	14	Albany	NY	20:21
5	42	Gregory Courtney	14	Delmar	NY	23:27

FEMALE AGE GROUP: 15 - 19

1	33	Gabrielle Wilson	19	Seven Valleys	PA	22:05
2	49	Alison Sawyer	19	Sterling	NY	23:56

MALE AGE GROUP: 15 - 19

1	2	Thomas Breimer	18	Rensselaer	NY	16:53
2	4	Andrew Bank	18	Ellicott City	MD	17:05
3	7	Aryan Bhujbal	18	Princeton Junction	NJ	18:23
4	10	Peter Maroko	18	Nyack	NY	19:01
5	13	Jackson Doolittle	15	Averill Park	NY	19:22
6	22	Scott Nwosu	19	Rahway	NJ	20:29
7	31	Kyle Gable	19	Meredith	NH	21:57
8	61	Michael Reilly	19	Wappingers Falls	NY	24:52

FEMALE AGE GROUP: 20 - 29

1	27	Alyssa Bove	23	Schenectady	NY	20:48
2	32	Kathryn Francis	27	Albany	NY	22:04
3	45	Sara Myers	26	Bennington	VT	23:45
4	46	Zoe Barclay	20	Groton	NY	23:45
5	62	Sierra Liotta	21	Schenectady	NY	24:54
6	69	Kharmin Hemraj	22	Schenectady	NY	25:35
7	74	Riya Joshi	21	Troy	NY	26:56
8	77	Emily Lohse	28	Huntington	NY	27:06
9	85	Courtnee Denton	23	Albany	NY	27:54
10	100	Michelle Breton	25	Schenectady	NY	30:03
11	154	Lucille Burnett	20	Lowman	NY	39:44
12	179	Hannah Myers	23	Troy	NY	1:07:04

MALE AGE GROUP: 20 - 29

1	3	Roman Silen	21	Malvern	PA	16:58
2	5	Jamal Vazquez	24	Johnstown	NY	17:11
3	11	Daniel Nunez	29	Deer Park	NY	19:10
4	14	Jacob Koplak	20	Delmar	NY	19:43
5	15	Alex Hitrick	24	Schenectady	NY	19:50
6	18	Brian Hotopp	22	Voorheesville	NY	19:56
7	20	Steven Lindsay	23	Schenectady	NY	20:13

8	23	Jacob Weissenburg	21	Albany	NY	20:40
9	25	Travis Carr	29	Schenectady	NY	20:44
10	29	Andrew Burkhardt	26	Albany	NY	21:15
11	34	Warren Pearsons	28	Brooklyn	NY	22:23
12	36	Jonah Hauf	20	Seneca Falls	NY	22:43
13	55	Brandon Murray	28	Troy	NY	24:34
14	79	Isaac Gile	21	Hoosick Falls	NY	27:22
15	95	Brian Toy	25	Albany	NY	29:19
16	98	Cameron McPherson	28	Albany	NY	29:38
17	102	William Seredensky	29	Rensselaer	NY	30:15
18	124	Daniel Fausak	22	Albany	NY	33:06

FEMALE AGE GROUP: 30 - 39

1	17	Michelle Davis	33	Schenectady	NY	19:55
2	38	Anna McLoon	39	Albany	NY	23:14
3	40	Amanda Teora	32	Albany	NY	23:17
4	43	Jenny Fouche	38	Altamont	NY	23:30
5	52	Jamie Dicesare	36	Troy	NY	24:24
6	58	Leeanne Horton	32	Saratoga Springs	NY	24:46
7	70	Emily Coppenrath	38	Rensselaer	NY	25:35
8	73	Allison Nunez	31	Glenmont	NY	26:55
9	76	Elizabeth Gadowski	34	Latham	NY	27:06
10	81	Emily Durstewitz	32	Albany	NY	27:32
11	86	Katherine Better	33	Troy	NY	27:55
12	101	Kaitlin Buttino	35	Delmar	NY	30:04
13	128	Courtney Moore	33	Cohoes	NY	33:57
14	139	Carly Minehan	34	Glenmont	NY	35:34
15	151	Alexandra Luptak	36	Mechanicville	NY	38:57
16	152	Casey Gunning	37	Mechanicville	NY	38:57
17	153	Sheri Frueh	38	Glenmont	NY	38:58
18	162	Ellen Lee	37	Guilderland	NY	41:46
19	165	Katie Bartoszek	31	Delanson	NY	47:02
20	178	Amanda Jackson	36	Nassau	NY	59:14

MALE AGE GROUP: 30 - 39

1	28	Nicholas Buttino	34	Delmar	NY	20:59
2	39	Travis West	30	Ballston Lake	NY	23:16
3	59	Kirby Haizlip	39	Albany	NY	24:47
4	66	Justin Abbott	38	Troy	NY	25:28
5	67	Charles Pensabene	31	East Greenbush	NY	25:29
6	71	Matthew Moulton	34	Albany	NY	26:12
7	91	Andrew Lee	35	Guilderland	NY	28:55
8	92	Jonathan Laplante	31	Pittsfield	MA	29:07
9	96	Walton Minkler	37	East Greenbush	NY	29:21
10	99	Matthew Mason	35	Albany	NY	29:56
11	111	Joshua Kapczynski	39	Slingerlands	NY	31:20
12	125	Timothy Daley	35	Wynantskill	NY	33:08
13	126	Steven Charles	37	Albany	NY	33:14
14	147	David Murillo	36	Albany	NY	38:37
15	169	Joseph Lavigne	39	Cobleskill	NY	51:49
16	172	Stephan Weiss	31	Schenectady	NY	52:40

FEMALE AGE GROUP: 40 - 49

1	41	Amy Smyth	45	Melrose	NY	23:18
2	44	Dawn Smith	46	Rexford	NY	23:40
3	51	Vanessa Beck	41	Clifton Park	NY	24:24
4	54	Rachel Toolan	46	Rensselaer	NY	24:29
5	56	Carmela Giordano	46	Hoosick Falls	NY	24:36
6	60	Jaime Sheehy	46	Schodack Landing	NY	24:49
7	63	Laura Kelly	49	Albany	NY	25:01
8	65	Elissa Smith	43	Albany	NY	25:17
9	90	Karen Lesperance	47	Delmar	NY	28:18

10	108	Nikki Sementa	48	Albany	NY	31:03
11	109	Karen Cutler	40	Castleton On Hudson	NY	31:09
12	133	Elizabeth Meddaugh	44	Albany	NY	34:37
13	142	Lauren Bristol	42	Delmar	NY	36:29
14	143	Kate Bryant	44	Latham	NY	36:29
15	145	Kristin Oneill	48	Delmar	NY	37:20
16	146	Stephenie Weatherly	42	Troy	NY	37:31
17	148	Mary Quinlan	47	Selkirk	NY	38:37
18	156	Jennifer Jaskolka	49	Ravena	NY	40:02
19	168	Jennifer Torgersen	45	Albany	NY	49:30
20	170	Kristin Lavigne	42	Cobleskill	NY	51:50
21	177	Christy Douglas	43	Albany	NY	59:12
22	182	Jennifer Fetsko	42	Latham	NY	1:07:08

MALE AGE GROUP: 40 - 49

1	6	Jonathan Hentrich	41	Albany	NY	18:18
2	19	Chris Lewit	43	Manchester	VT	20:09
3	24	Joseph Altobello	44	Troy	NY	20:41
4	26	Stephen Hallgren	42	Albany	NY	20:46
5	35	Kristopher Andre	45	Ballston Lake	NY	22:35
6	47	Peter Loslein	45	Rensselaer	NY	23:47
7	50	Jason Kelley	42	Latham	NY	24:19
8	78	Peter Teal	42	Schenectady	NY	27:13
9	80	Steven Corley	49	Mechanicville	NY	27:26
10	84	Christopher Moran	40	Menands	NY	27:49
11	88	Chris Beck	48	Clifton Park	NY	28:13
12	94	Matt Smith	46	Rexford	NY	29:16
13	107	Justin Smith	43	Menands	NY	30:59
14	136	Matthew Ciske	44	Albany	NY	34:57
15	183	Eric Guenther	42	Newtonville	NY	1:07:08

FEMALE AGE GROUP: 50 - 59

1	64	Deb Valois	51	Schenectady	NY	25:03
2	87	Ingrid Wilke	58	Cohoes	NY	28:13
3	89	Marcy Dikeman	54	Wynantskill	NY	28:16
4	106	Sue Cleary	58	Albany	NY	30:50
5	110	Lisa Graves	53	Delmar	NY	31:11
6	120	Eileen Reiss	59	Schenectady	NY	32:40
7	121	Christine Bordonaro	55	Albany	NY	32:52
8	123	Julie Belfiore	53	Geneseo	NY	32:55
9	129	Diane Watters	56	Greenwich	NY	34:05
10	132	Melissa Flaherty	50	Cropseyville	NY	34:15
11	134	Ann Gargula	55	New Britain	CT	34:46
12	138	Rebecca Philippone	56	Albany	NY	35:26
13	140	Kathleen Mannix	58	Delmar	NY	36:09
14	144	Kathryn Behuniak	57	Latham	NY	37:01
15	150	Becky Mosher	57	Troy	NY	38:46
16	155	Amanda Serafini	50	Nassau	NY	40:02
17	159	Jennifer McAuley	56	Troy	NY	40:38
18	174	Marsha Davis	50	Schenectady	NY	58:07
19	176	Ginger Denning	51	Troy	NY	58:48

MALE AGE GROUP: 50 - 59

1	37	G. Dennis Beardsley	50	Castleton	NY	22:46
2	48	Kevin Burnett	51	Athens	PA	23:48
3	53	Todd Bisailon	54	Mechanicville	NY	24:28
4	57	Matt Turner	57	Troy	NY	24:43
5	68	Mark Gonnely	55	Ballston Spa	NY	25:32
6	83	Shawn Krutz	57	Gloversville	NY	27:42
7	104	Todd Gile	57	Hoosick Falls	NY	30:33
8	113	John Bachandouris	54	Rensselaer	NY	31:26
9	114	Scott Bowmanchester	54	Albany	NY	31:33

10	118	Nathan Courtney	56	Delmar	NY	32:19
11	130	Alfred Godinez	51	Albany	NY	34:07
12	135	Michael Gargula	55	New Britain	CT	34:46
13	141	Tom Robinson	51	Troy	NY	36:24
14	158	Kevin Baker	53	Glenmont	NY	40:21
15	164	Ralph Murray Jr	58	Latham	NY	45:50

FEMALE AGE GROUP: 60 - 69

1	72	Maureen Fitzgerald	64	Clifton Park	NY	26:14
2	105	Kim Bonomo	64	Cohoes	NY	30:50
3	122	Stephanie Brown	69	Albany	NY	32:54
4	157	Kathryn Henson	62	East Greenbush	NY	40:07
5	160	Cathy Sheehan	62	Cohoes	NY	40:46
6	167	Mary Meliski	63	Stillwater	NY	47:05
7	171	Barbara Leiser	65	Manchester Center	VT	52:39
8	180	Kim Myers	63	Troy	NY	1:07:05

MALE AGE GROUP: 60 - 69

1	30	David Dearing	60	Clarkston	MI	21:17
2	75	Dan Bonomo	65	Cohoes	NY	27:05
3	82	John Sheehy	64	Albany	NY	27:38
4	93	Steve Vnuk	66	Delmar	NY	29:14
5	97	Frank Rees	63	Albany	NY	29:25
6	112	Christopher Johnson	64	Pittsfield	MA	31:26
7	115	Mickey Cleary	60	Albany	NY	31:48
8	116	Julio Feliciano	61	Albany	NY	32:12
9	117	Kevin Hoehn	68	Rome	NY	32:14
10	119	Steve Nagle	60	Schenectady	NY	32:40
11	127	Thomas Gabriels	66	Albany	NY	33:41
12	131	Jim Sheehan	69	Cohoes	NY	34:12
13	137	Garrett McCann	61	Glenmont	NY	35:08
14	149	Mark Bechard	69	Albany	NY	38:45
15	166	John Wall	63	Holland Patent	NY	47:02
16	173	Rob Jeffrey	64	Manchester Center	VT	52:41
17	175	Ian Duckor	60	Albany	NY	58:46

FEMALE AGE GROUP: 70 - 99

1	163	Gail Hein	70	Altamont	NY	42:59
2	184	Louise Farrell	72	Albany	NY	1:07:12

MALE AGE GROUP: 70 - 99

1	103	Jeff Anderson	73	Troy	NY	30:31
2	161	John Vavasour	73	Albany	NY	40:52
3	181	Ron Farrell	71	Albany	NY	1:07:07